

WEAKNESS TEST

Look for **SIGNS** of a Weakness

On a scale of 1- 5, 1 = *strongly disagree* and 5 = *strongly agree*

S	= Lack of SUCCESS					
	1. I have tried this type of activity repeatedly with little success.	1	2	3	4	5
	2. Other people often tell me that I “need to improve” in this type of activity.	1	2	3	4	5
	3. I have received no prizes or recognition for doing this type of activity.	1	2	3	4	5
I	= Lack of INSTINCT					
	4. I look for ways to avoid doing this type of activity.	1	2	3	4	5
	5. I keep thinking of other people who can do this type of activity instead of me.	1	2	3	4	5
	6. I have to brace myself to do this type of activity.	1	2	3	4	5
G	= Lack of GROWTH					
	7. I took a long time to learn this type of activity.	1	2	3	4	5
	8. This type of activity bores me.	1	2	3	4	5
	9. No matter how much I try, my performance in this type of activity doesn’t get much better.	1	2	3	4	5
N	= Lack of NEEDS					
	10. This type of activity leaves me feeling tired and drained.	1	2	3	4	5
	11. I cringe when I think back on myself doing this type of activity.	1	2	3	4	5
	12. It makes me happy to think of a world where I would never have to do this type of activity again.	1	2	3	4	5

IF YOU SCORED:

53-60 = **True Weakness.** This is your kryptonite. It can do you serious harm. You must minimize it.

46-52 = **A Vulnerability.** This activity will not contribute to your success and may do worse. Don’t expect much from it.

37-45 = **A Pitfall.** This is an activity that can trip you up. Step around it when you can.

00-36 = **Not a Weakness.**